

# Westerlies

## Tiburon Yacht Club



Latitude 37° 54' N.

Paradise Cay  
Tiburon, California



NEXT GENERAL MEETING:  
FRIDAY, OCTOBER 10  
6:00PM

Longitude 122° 28' W.

### COMMODORE'S COMMENTS

By Gary Stypulkoski

Being commodore does have its privileges. For instance, this year we decided to reinstate the Commodore's Race, the official start to the Commodore's Cruise. I had the family on board *Ka-Nina* and wind conditions were perfect for an evening sail to Marin Yacht Club. Glancing at the race instructions, I noted the time and off we went. Twenty-six minutes later we rounded the final mark. The only problem was, I didn't sail the proper course; I sailed the commodore's renegade course. At Saturday's picnic I had the pleasure of grilling hamburgers, cheese burgers and hot dogs for over 60 people and several members contributed some fantastic side dishes.

In addition to an enjoyable Commodore's Cruise, September was filled with several exceptional Friday night dinners. Thank you to Rekha Dutt and her crew who prepared a wonderful Indian dinner. And new members Mike and Telesha Destein pulled out all the stops for an extraordinary rib dinner. With summer racing behind us, a few members have suggested continuing Friday night dinners in some fashion. If this is something you would like to see, please let the board know and we'll work it into the schedule.

October is shaping up to be a fun-filled month. First up is the five-club cruise to Tinsley Island, a short 55 nautical miles up the river to the Delta. It looks like the weather just may be perfect. Later in the month, on October 17, there will be a kids' movie night. This special kid's night is brought to you in conjunction with the Paradise Cay Homeowners Association. Adults will want to start working on their costumes for October 25's Halloween party.

The summer sailing season may be over, but there will be two TYC races this month: the Short-Handed Race on October 4 and the Joan Storer Women's Regatta on the 11<sup>th</sup>. Also mark your calendar for the Red Rock Regatta followed by the Race Awards dinner scheduled for November 1.

Thank you to all of the members who attended the special meeting on September 18. I presented the results of the survey, the first draft of the TYC strategic plan as well as current financials and projections for the next few years. I know many of you left the meeting feeling better about the direction of the club and understood why a dues increase is necessary. The dues increase will be put to a vote on October 10. I hope you will come and vote in favor of the increase. Change is never easy, but is necessary for the future of the club.

Several members approached me after the special meeting and asked if they could vote by proxy since they would not be able to attend in person on

(Continued on page 3)

#### **October 2014**

#### ***Westerlies***

#### ***Important Dates***

**Cast Your Vote at the  
General Meeting &  
Bistro Night**

**October 10**

**Kids' Movie Night**

**October 17**

**Halloween Party**

**October 25**

**Westerlies Deadline**

**October 27**

## Submit Articles or Photos to *Westerlies*

*Westerlies* is the monthly newsletter of the Tiburon Yacht Club. We welcome interesting, relevant stories, as well as photographs from members and non-members alike.

*Westerlies* is distributed both by mail and online at [www.tyc.org](http://www.tyc.org).

Submissions may be sent electronically to the editor at [sheila@tonic.to](mailto:sheila@tonic.to). Deadline is usually the last Monday of the last full week of each month, but is always listed in the Calendar of Events, which appears both online and at the end of each issue of *Westerlies*.

All submissions will be edited for grammar, content, size and relevancy. Inclusion is up to the editor's discretion.



*Note:* TYC has a small camera available at the club for any member to use during clubhouse events.

Feel free to take snapshots at any time, especially if there is no "official photographer" on site. Use of this camera is encouraged. Resulting photos will be picked up from the club for possible inclusion in *Westerlies*.

Sheila Lyons  
Editor

## *Westerlies* Table of Contents

• <b>The Social Scene</b>	<b>3</b>
• <b>Halloween Party Announcement</b>	<b>4</b>
• <b>Cruise News</b>	<b>5</b>
• <b>Race Notes</b>	<b>6</b>
• <b>Commodore's Cruise Photos</b> • <b>Westerlies Time Machine</b>	<b>7</b>
• <b>Ribs and Racing: A recipe for success</b>	<b>8</b>
• <b>October-November Calendar</b>	<b>9</b>

## Worth Sharing...

The following appeared in the October/November 2014 issue of *BoatU.S. Magazine*:

### **New Life For Old Sails**

**by Troy Gilbert**

*Sailors, especially racers, know that sails have a limited period of optimal functionality and that over the years those once-expensive items end up in sail bags or stacked in garages collecting dust. An organization in South Florida wants those wind-blasted and moldering sails that once helped you win Wednesday night twilight races—and you can receive a tax credit while doing so.*

*Sails for Sustenance was created after founder Michael Carcaise witnessed subsistence fishermen in Haiti using bedsheets, plastic sheeting, and flour sacks for sails. A sailor himself, he knew he could do something about it. More than a decade later, his non-profit has partnered with regattas and yacht clubs across the country to collect old sails, which are packed up and shipped to Haiti on relief flights.*

*Guy Williams and Jay Smith recently traveled to Haiti with a shipment of 58 sails, ranging from little Optimist sails to a monster once flying on a 70-foot mast, and saw firsthand how life-changing these old sails can be for subsistence Haitian fisherman. "We only saw a couple of outboard motors after we left Port-Au-Prince," says Smith. "When these fishermen weren't using ragtag cloth for sails, they'd have to paddle their wooden boats miles out to the fishing areas to feed their families. A simple old mainsail from a J-22 can be cut by these men and immediately change the lives of two families."*

*For info, [www.sailsforsustenance.org](http://www.sailsforsustenance.org)*

# *The Social Scene*

*By Erin Stypulkoski*

Gary and I have enjoyed superb events at TYC this past month. The Dutt's delicious Indian dinner and the Destein's yummy ribs were a strong finish to the Friday night races! Over a hundred guests enjoyed the dinners at each of these events. It's a lot of work to put on these dinners, and we all enjoy and appreciate the result of these efforts. Since so many requested it, the Desteins have shared their rib recipe in a separate write-up in this issue of *Westerlies*.

The Commodore's Cruise to Marin Yacht Club was a lot of fun. As Gary mentioned in his comments this month, *Ka-Nina* ended up making good time during the race over, but only by sailing the rene-gade course—not going south to the TYC mark before heading across the Bay. But we thoroughly enjoyed it. Our daughter Keilah, who skippered us home on Saturday, was also awesome crew on Friday. Thank you, Jim Bliss, for helping organize and score the Commodore's Perpetual Cup.



*The last Friday Night Race & Dinner of the season brought out lots of kids.*

Marin Yacht Club has a sweet set-up and location with views of Mt. Tam and the canal from beneath the palm trees on the green. After a delicious dinner and hanging out with the other cruisers on Friday evening, Gary and I enjoyed a final drink in our cockpit. It was very calm and quiet in the Marin YC harbor, as it is much more protected than TYC.

At Saturday's picnic Commodore Gary, with help from Trip Ames, grilled up burgers for more than 60 people while members played bocce ball and socialized. (There were so many names of bocce first-round winners on the white board that upon calculation I realized we'd be there until 7:00pm to get an actual winner! So, you are all winners.)

After the picnic there was a tour of TYC's cruising fleet, when guests were welcome to visit member's boats. Thank you, Walt Bilofsky, for spearheading this event. Finally, a big thank you to Cruise Chair Jon Price who handled all the overall logistics.

You can see a few photos from the weekend on page 7.

## **COMING UP**

**Oct. 10:** General Meeting, with a vote . We'll be dishing up lasagna beforehand and the bar will be open.

**Oct. 17:** In coordination with the Paradise Cay Homeowners Association, a Kid's Movie Night with an outdoor inflatable screen. TYC will be open for adults to enjoy and kids to run in and out of. Food and beverage will be available.

**Oct. 25:** An "Orange is the New Black" Halloween party! We expect to see lots of jail jumpsuits onsite, as well as orange, black, and at least one chicken. Register at [www.tyc.org](http://www.tyc.org). It's sure to be a fun event. Hosted by Penny and Geoff Mulligan. Unfamiliar with the show? Check it out on Netflix. *Warning: not to be viewed while children are present!*

(Commodore's Comments *continued...*)

the 10<sup>th</sup>. However, our bylaws require that members must vote in person.

So please plan on attending the General Meeting/Bistro Night on the 10<sup>th</sup> to cast your vote. TYC bylaws also require that 20% of the regular members attend the meeting and that 2/3 of those present vote yes in order for the dues increase to pass. The board hopes to have your support for this modest dues increase.

See you around the club.



it's an

# ORANGE is the new BLACK HALLOWEEN!

**Saturday, October 25<sup>th</sup> | Party Starts 6:30pm at TYC.**

**Bar opens at 6:00pm**

**Food served at 7:30pm**

Come as your favorite inmate/prison guard from the show, or any TV character of your choice- there will be great music, dancing, and a costume contest with great prizes! Our theme is highly encouraged so please research on Netflix if you're interested, or brainstorm your own idea by using google images.

Admission is \$20 and includes dinner and bartenders. Please go to [www.tyc.org](http://www.tyc.org) where you can RSVP and purchase your tickets through the Paypal link.

We look forward to seeing you there in your creative costumes!





# CRUISE NEWS

BY JON PRICE

## COMMODORE'S CRUISE AND PICNIC

The Commodore's Cruise to Marin Yacht Club got off to a rousing start on a fine Friday afternoon with the arrival of 10 boats. At cocktail hour, armed with a generous number of hors d'oeuvres, we assembled on the Marin YC's clubhouse balcony and after visiting the bar, spent an hour or so socializing, especially with the very welcoming members of our host club. Then it was on to the club dining room for dinner, where we were welcomed by immediate Past Commodore Mike Sale, who also had doubled as interim port captain in the absence of the harbormaster, who had been sidelined by injury.

Saturday morning was enlivened by the arrival of the day cruisers and racers, and we all then started preparing for the huge barbecue sponsored by our esteemed commodore and chef de grille. That got underway about noon, and continued well into the afternoon, with some 60 TYC members enjoying burgers and dogs and contributing salads, side dishes and desserts. Congratulations to contest winners Connie Heldman for best side dish and Ruth Fultz for best dessert. A good time was had by all, what with generous quantities of food, beer and wine as well as many entertaining games of bocce ball.

On the cruise side, our cruise chairman gave out Commodore's Cruise pennants to all who had brought their boats over. Four yachts from the TYC cruising fleet held an Open Boat event on the docks, and were toured by about a dozen TYC members.

Thanks to Commodore Gary and Social Chair Erin for putting in a tremendous amount of work preparing for and pulling off this fabulous event.

## COMING UP

**October 3-5** - Five Club Cruise to Tinsley Island.



*TYC members in front of Solveig's Song, one of the cruising yachts open for touring during the Open Boats event during last month's Commodore's Cruise & Picnic.*



# RACE NOTES

BY JIM BLISS



To any readers who have questions about *Race Notes* or about TYC racing, I invite you to send your questions to me at [www.race.tyc.org](http://www.race.tyc.org). Our goal is to make TYC racing a friendly and fun activity within TYC, as well as to recognize the performance of our racers.

There are six races to report on since the last *Westerlies* and only five races remaining this season: the Short-Handed races on October 4; the Joan Storer Regatta on October 11, the Red Rock Race on November 1 (followed by the Awards Dinner); and finally the Wild Turkey Race, November 28.

## **Friday Night Race #14** - August 29<sup>th</sup>

There was a good showing for the 14<sup>th</sup> Friday Night race of the season with a dozen boats. They were split into two divisions, Spinnaker and Non-spinnaker. The wind was normal, 15 to 18 knots from the southwest, and the tide was a beginning ebb. The Spinnaker Division was given Course 4, a rectangular course. Ian Matthew on *Siento el Viento* took first place in corrected time, followed by *Joyride* and *Hurricane Gulch* in a close race for second. The Non-spinnaker Division sailed Course 1. *Bravo* took first on corrected time, followed by *Natural Blonde* and *White Bear*. Thanks to Eric Lyons and Gerry Gunn for serving as race committee.

## **Friday Night Race #15** - September 5<sup>th</sup>

Eight boats checked in for the 15<sup>th</sup> Friday Night race. The wind was strong at 25 to 35 knots from the southwest and the tide was a flood, so it was a challenging race. The eight starters were split into two divisions based on PHRF, so that three boats were in Division 1 and five boats in Division 2. Division 1 sailed Course 4 and *Ma's Rover* took first over *Hurricane Gulch*. Division 2 sailed Course 2. *Galante* took first, followed by *Siento el Viento* and *Adagio*. Thanks to Gary Proctor and Paula Blake for serving as race committee.

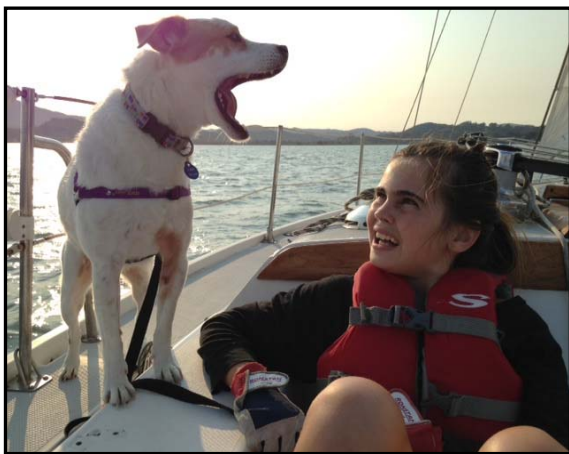
## **Friday Night Race #16** - September 12<sup>th</sup>

The wind was light for the final Friday Night race of the season. There were 10 boats sailing in two divisions, Spinnaker and Non-spinnaker. Because the wind was so light, both divisions were given Course 1-twice around so it could be shortened if needed. And indeed, it was shortened, to once around. In the Spinnaker Division, *Siento el Viento* finished first on corrected time, with *Hurricane Gulch* about two minutes behind. The non-spinnaker boats were slower in the light air and their elapsed times were spread out. *Bravo* finished first on corrected time, followed by *Cinnamon Girl* and *Galante*. Thanks to Bill Hoehler and Gerry Gunn for serving as the race committee.

## **Tornberg Regatta** - September 13<sup>th</sup>

The Tornberg Regatta is sailed annually in the honor and memory of John A. Tornberg, one of our founding members of TYC. The regatta consists of three races for TYC members who raced in a TYC race series during 2014. Only six boats entered this year. They were split into two divisions based on PHRF, 199 and under in Division 1 and 200 and above in Division 2. The wind was light in the first race, but picked up later in the afternoon. In Division 1, *Diversion* won three firsts and took the series, followed by *Lion* and *Don Wan*. In Division 2, *Cinnamon Girl* took a first and two seconds, winning the series with a total of five points. *Galante* took a DNF in the first race and two firsts for a total of six points for second place in the series. *Jokers Wild* took third place. Thanks to Ann Watson and Shirley Vaughn for their work as race committee.





Sailing to the Marin Yacht Club Aboard Ka-Nina



The Ever-Popular Bocce Ball Court



Lunch on the Green



Commodore Cooks

The 2014 Commodore's Cruise, Race & Picnic



## WESTERLIES Time Machine

*In May of 1987 Commodore Jerry Tostenson was at the helm of Tiburon Yacht Club. His vice commodore was Ron Berger, and Bob Mott was bringing up the rear. Here's a small window into the TYC mood during their tenure:*

### LESSON 1. How to Tell a PROFESSIONAL sailor from a LandLubber:

Ask a landlubber to tighten the jumpers and lower the shroud and he'll shrug and say: "huh?" But ask a PROFESSIONAL sailor the same question and he'll shrug and say: "Huh, SIR!!"

### LESSON 2. Points of Sailing

- A. If a sailboat is sailing in a straight line away from the wind, this is called leeward.
- B. If a sailboat is zigzagging back and forth across the wind, this is called tacking.
- C. If a sailboat is sailing directly into the wind, this is called miraculous.

### LESSON 3. Some Important Terms:

**BOOM:** The sound you hear as the former Captain of a power boat takes his new sailboat over the rocks, forgetting he now has a 6 foot draft, not a 2 foot draft.

**YARD ARM:** Any crew member's arm that measures 36".

**HEEL:** What everyone you don't invite to go sailing on a sunny day will call you.

**TACK:** What you need plenty of, so you can go sailing and NOT invite everyone.

**LUFFING:** Means never having to say you're surry.

**BROAD REACH:** Is what you get your face slapped for doing.

**LINE:** You should have plenty of good lines at hand. A good line is:

"Sweetheart, I don't show the master stateroom to every girl, but somehow **you're different.**"

**SHEET:** What a savvy girl will probably say to your LINE above.

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## Ribs and Racing

### A recipe for success

*By Michael Destein*

As new members of TYC, we have been enjoying Friday nights at the club, meeting members and enjoying the atmosphere. We also find it wonderful that there are so many people willing to take our infant son, Enzo, off our hands for a few minutes here and there. So to show our gratitude and contribute our share, we decided to sign up and host a dinner event. Now keep in mind that for most of the summer, there were 20-30 people showing up for dinner on a regular basis, so we were surprised—partly pleasantly and partly “uh oh”—when we found out that over 80 people had registered for our dinner. I had to make sure we put a good action plan in place.

To ensure that we had a high quality rib dinner ready to go at race time, the first thing I had to do was get my wife, Telesha, to commit to taking care of Enzo for the day allowing me to focus on the dinner. She heartily agreed to do so. Next I had to convince my boss at work that I needed the day off because the only way that this was going to get done was with an early start on my part and no distractions. With that done, I became free to focus on you, the members. So with my calendar cleared for the day, it all came down to execution.

First thing, get supplies. I leave the house at 9:00am and go to the Restaurant Depot in San Francisco. They are a wholesaler, but they let me come in anyway. Since we have 87 people signed up, I figure I better plan for 100 just in case there are walk-ins or folks want to have take-home plates. So the first thing I focus on is getting the ribs. I find the meat cooler and after some searching find the cases of baby back ribs. They come in 50 pound cases, so I get three of them (about 1 ½ pounds per person, or half a rack per person). Then comes the barbecue sauce. Luckily they are having a sale on Sweet Baby Ray's in the five-gallon bucket. (I never dreamed I would ever buy that much barbecue sauce!). Lastly, for the ribs we need a good spice rub. I get containers of paprika, light chili powder, oregano, garlic, ginger, salt, and pepper.

Next up are the beans, coleslaw, and cornbread. I take the easy way on these items and buy the beans in the can and some bacon. For the coleslaw, I get the pre-chopped slaw mix, some mayonnaise, some white vinegar and some poppy seeds. And for the cornbread, I really take the easy way out and get some cornbread mix, but I do also get a case of jalapeños, which will be used for cornbread and the ribs.

Supplies complete. Now to the club...

I arrive at TYC around noon, make the cornbread and get the spice rub ready. For the spice rub I use the following recipe. (You can adjust the volume to suit your needs.)

**4 cups paprika**  
**4 cups light chili powder**  
**2 parts oregano**  
**2 cups garlic**  
**2 cups ginger**  
**1 cup salt**  
**1 cup pepper**

**Rub that mix all over the meat side of the ribs. Next, on a hot grill, sear the ribs until they are browned on both sides. (Start with the meat side down and grill for about 5 minutes per side). Once seared, place them in a metal pan and add lots of jalapeños to the pan. Tent the pan with tin foil so that it is completely sealed.**

**Once sealed, they go into a 285-degree oven for at least three hours. After three hours, remove the foil and brush on a liberal amount of barbecue sauce and place back in the oven for 20 minutes or more. At this point the ribs are ready to serve.**

While the ribs were braising in the oven, I prepared the coleslaw by mixing the mayo and vinegar to taste (about 10 parts mayo to one part vinegar) and then added poppy seeds for color. I also fried some bacon and then added the beans to the bacon. And lastly I made a honey-butter for the corn bread.

Luckily, all of this happened before the racing horn went off so we were ready to serve right on time.

Rumor has it that people enjoyed the ribs. Because of this, and since I had so much help in serving and cleaning up afterwards, I think I will do it again next year.



# October 2014

Sunday		Monday	Tuesday	Wednesday		Thursday	Friday	Saturday
28	Sep	29	30	1	Oct	2	3	4
		2:00pm - 4:00pm Mah Jong	10:00am - 11:00am Adv. Tai Chi	Club Cleaning			Five Marin club cruise to Tinsley Island.	Five Marin club cruise to Tinsley Island. 12:00pm Short-Handed Races
5		6	7	8		9	10	11
Five Marin club cruise to Tinsley Island.		2:00pm - 4:00pm Mah Jong	10:00am - 11:00am Adv. Tai Chi 7:00pm PCHA Meeting		Club Cleaning 6:30pm TYC Board Meeting		General Mtg/Pizza	12:00pm Joan Storer Regatta
12		13	14	15		16	17	18
		<i>Columbus Day</i> 2:00pm - 4:00pm Mah Jong	10:00am - 11:00am Adv. Tai Chi		Club Cleaning		HOA/TYC Kids Movie Night	
19		20	21	22		23	24	25
		2:00pm - 4:00pm Mah Jong	10:00am - 11:00am Adv. Tai Chi		Club Cleaning private outside 4:30pm - 7:30pm private inside?			Halloween Party
26		27	28	29		30	31	1
		Westerlies Deadline 2:00pm - 4:00pm Mah Jong	10:00am - 11:00am Adv. Tai Chi	Club Cleaning			Halloween	Race Awards Dinner 12:00pm Red Rock Regatta
								Nov

# November 2014

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	Oct	27	28	29	30	31	1
		Westerlies Deadline 2:00pm - 4:00pm Mah Jong	10:00am - 11:00am Adv. Tai Chi	Club Cleaning		Halloween	Race Awards Dinner 12:00pm Red Rock Regatta
2		3	4	5	6	7	8
End Daylight Savings Time		2:00pm - 4:00pm Mah Jong	10:00am - 11:00am Adv. Tai Chi 7:00pm PCHA Meeting		Club Cleaning	Richmond Y.C. Cruise-out.	Richmond Y.C. Cruise-out. 4:00pm Private Party
9		10	11	12	13	14	15
Richmond Y.C. Cruise-out. 3:00pm Private party		2:00pm - 4:00pm Mah Jong	<i>Veterans Day</i> 10:00am - 11:00am Adv. Tai Chi	Club Cleaning	6:30pm TYC Board Meeting		Private Party
16		17	18	19	20	21	22
		2:00pm - 4:00pm Mah Jong	10:00am - 11:00am Adv. Tai Chi		Club Cleaning		TYC Annual Dinner
23		24	25	26	27	28	29
		2:00pm - 4:00pm Mah Jong	10:00am - 11:00am Adv. Tai Chi	Club Cleaning	Thanksgiving	12:00pm Wild Turkey Race	
30		1	2	3	4	5	6
			7:00pm PCHA Meeting			5:30pm Gen. Mtg./Pizza	

## **OFFICERS**

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**Vice Commodore** Ann Watson  
**Rear Commodore** Mariellen Stern  
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**Treasurer** Jon Price  
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## **TIBURON YACHT CLUB**

**P.O. Box 1247**

**Tiburon, California 94920**

***<http://www.tyc.org>***



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